# Let's **PREP** this summer

PREP would like to invite you to come explore and have fun!

Why hang out with PREP during this Summer?

Monday through Thursday we will be offering all Rosemead High Students......

# PREP Starts at 7:45 AM and Ends at 3:30 PM Monday through Thursday;

# Do you need a <br?? (BREAK)

Building Games, Creating a Website, A Future with Technology
Explore the basics of Coding with Mr. Kueh
Join Rosemead in discovering just to CODE TO **LEARN** 

Time: 7:45 AM to 10:25 AM, 1:35 PM to 3:30 PM Room: TBA

## (Art in the Garden) Creative Art Club

Want to showcase your creative side? Join the Art Club and learn to Tie Dye, Painting, Sculpting, and MUCH MORE this summer with Laura.

Time: 10:55 AM to 1:35 PM Room: 68

# **Computer Lab**

Sometimes you need a computer but don't have access to one, the Computer Lab will be open to all students.

Time: 12:00 PM to 2:00 PM Room: 43

#### (Cooking with Liz) Cooking Lab

PREP will be giving you the opportunity to create and eat different recipes. We will be Cooking with Liz to make dishes with ingredients right out of the Garden! Pastas, Fresh Baked Goods...so much more!

Time: 10:55 AM to 1:35 PM Room: Kitchen, Panther Cafe

## Yoga

More than just stretching and posing! Come by and check out just what PREP's Yoga Session is all about. Laura will be showing you how yoga cannot just improve your physical health but your mental health. Namaste!

Time: 1:35 PM to 3:30 PM Room: Dance Room

#### **PREP FIT**

Let's make this Summer one where we make gains and not losses. The weight room will continue to be open to all Rosemead High Students. Come work out and enjoy a fit summer.

Time: 2:00 PM to 3:00 PM Room: Weight Room

#### **Drum Circle**

Come beat the drum with PREP. There will be an opportunity for all Rosemead High School Student's to join in on the music making and destressing.

Time 2:00 to 3:00 PM Room: Lawn in front of the PREP Office

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